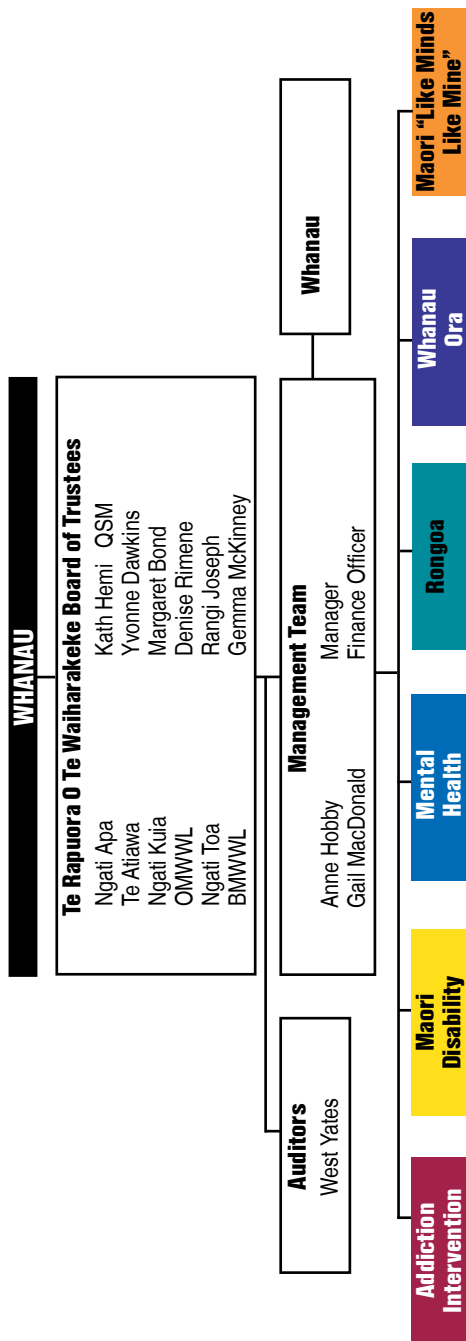


ORGANISATIONAL WHAKAPAPA

Our services are based on Maori models and values. Our services are available to anybody.
Our Services are Free.



Whare O Te Rapuora Health

Opawa House

69-71 Grove Road, Blenheim
 PO Box 220, Blenheim
 Phone: (03) 578 3348 Fax: (03) 578 8034
Office Hours: 8.30am – 5.00pm

Te Whare Manawa Ora (Nelson)

14 New Street, Nelson
 PO Box 1381, Nelson
 Phone: (03) 546 9997 Fax: (03) 546 9157
Office Hours: 8.30am – 5.00pm

www.terapuora.co.nz

Our Vision

He Mauri Ora, He Hauora

Our Mission

*Te hā o hauora, he aroha, he tautoko,
 hei piki ake to mana o te tangāta.*

Whakarongo Mai

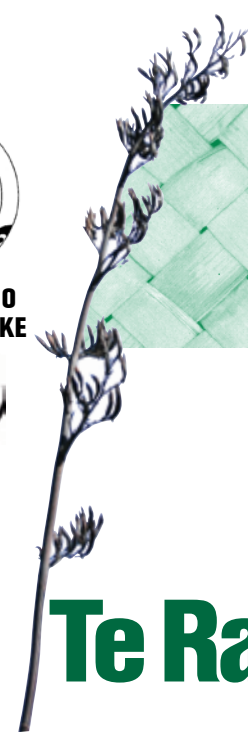
If you wish to give feedback or make comment about our services, you can phone the manager on 03 578 3348, email manager@tewaiha.org.nz or write to The Manager, PO Box 220, Blenheim.

Your feedback is important to improve the quality of our services.

Noho ora mai



**TE RAPUORA O
 TE WAIHARAKEKE**



Te Rapuora Health Services

**Te Rapuora O
 Te Waiharakeke Trust**

*A Maori Health Service
 Promoting Whanau Wellbeing*

TE RAPUORA HEALTH SERVICES

ADDICTION INTERVENTION SERVICES

Provide a community or outpatient based alcohol, drug and problem gambling assessment, treatment and consultation/liaison service. Help and advice about any addiction is available.

MAORI MENTAL HEALTH SERVICES

We provide a number of Mental Health Services (7);

1. *Adult Community Day Programme*

To assist Tangata Whaiora to improve their life skills, strengthen their sense of identity and understanding of their Maoritanga. To overcome isolation through whanaungatanga. The day programme operates Tuesday & Thursday of each week.

2. *Tamariki / Rangatahi*

To provide tamariki and rangatahi (aged 0-18) and their whanau with a clinical community based, comprehensive assessment, treatment, monitoring and support service. Referral may be from any source.

3. *Residential Support*

A service for those living in their own homes or supported accommodation. Our worker will assist you to manage household duties, personal care and access community activities, health, education, pre-vocational and welfare services as required. Referral from inpatient or community mental health service.

4. *Adult Community Support*

To provide adults (over 19 years of age) with a personal and cultural assessment. Referral may be from any source.

5. *Planned Respite*

Planned respite is when a person with experience of mental illness takes a break from their usual environment and spends time with whanau or people who are committed to providing a Kaupapa Maori Service.

6. *Peer Support and Advocacy*

To provide advocacy which empowers and upholds the rights of Tangata Whaiora.

The advocate will provide support, information and access to a range of community resources and services.

7. *NASC - Needs Assessment & Service Co-ordination*

NASC identifies what supports are needed to help a person who experiences mental illness towards wellness.

NASC can assist you to access DHB funded services.

HEALTH PROMOTION SERVICES

1. *Maori "Like Minds Like Mine" - Nelson*

This programme was initiated to empower Tangata Whaiora (mental health service users) and to change attitudes of prejudice and discrimination towards people who have experienced mental illness.

It is a public health programme that offers information and support to whanau, hapu, iwi through educational and community activities.

COMMUNITY HEALTH SERVICES

1. *Maori Disability Support*

To ensure maori with disabilities, kuia and koroua have an improved level of independence. This service includes assessment, treatment and rehabilitation; service co-ordination; continuing hospital care; home support/carer relief services.

2. *Wairakau Rongoa Maori*

Based on traditional healing practices this service offers a holistic healing service which is culturally safe and sensitive to Maori needs and aspirations.

3. *Whanau Ora*

This service offers a free health assessment by a registered nurse and assists the individual and their whanau to develop a health plan. The team works with other services eg G.Ps to ensure that whanau get total health care.

They also carry out a range of health education and promotional activities aimed at improving maori health.

OTHER SERVICES

1. *Child and Youth Mental Health*

Offers:

- A treatment plan.
- Monitoring of treatment.
- Family therapy and counseling.
- Liaison with other services/agencies.
- Early Intervention.
- Referral.

2. *PATHS - Providing Access to Health Solutions*

Paths is a partnership between Work and Income, Kimi Hauora Wairau (PHO) and Te Rapuora Health Services. This service aims to reduce or remove health barriers to employment for clients receiving sickness or invalids benefits.

Referrals are by Work and Income case managers, General Practitioners (doctors), Health and Community/Mental Health Services.

REFERRALS

Access to Te Rapuora Health Services may be from any source, including self referrals, whanau, GPs, primary practitioners, caregivers, and community members and from inpatient services.

